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# Coloring Through Cancer: An Adult Coloring Book With 30 Positive Affirmations To Encourage Cancer Survivors (Volume 1)



## Synopsis

Coloring Through Cancer is an inspirational adult coloring book featuring 30 single sided, unique adult coloring pages, designed specifically for people who have lived with or are living with cancer. Each coloring page includes a positive affirmation to encourage and uplift every colorist. Many cancer patients are already turning to adult coloring books to relax, relieve stress and get through treatment. Coloring Through Cancer takes adult coloring one step further for cancer patients by introducing powerful positive affirmations to each page. The positive affirmations found in the Coloring Through Cancer adult coloring book include: Cancer doesn't define me It won't be easy, but it will be worth it I will get through this I am not alone Nothing is impossible The pain that I'm feeling doesn't compare to the joy that is coming My family and friends love me Nothing can steal my joy I give thanks for my full recovery and perfect health I am glowing with health and energy I choose to think positive thoughts I will beat cancer I am unstoppable Life doesn't have to be perfect to be wonderful I believe in miracles Something good is going to happen today My body heals as I sleep I am beautiful I surround myself with love and light I will not give up My body grows stronger every day I will keep on living I heal with every breath in, and let go of cancer with every breath out I will persevere This too shall pass Cancer has no power over my dreams I will make every day count Some days are harder than others (but hard is not impossible) My courage is stronger than my fear I am more than a conqueror Anyone who has been through cancer, is going through cancer or who knows someone who has been affected by cancer will love this adult coloring book!

## Book Information

Series: Coloring Through Cancer

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Shipping Weight: 8.3 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (21 customer reviews)

Best Sellers Rank: #214,233 in Books (See Top 100 in Books) #3 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Bone Cancer #158 in Books > Arts &

## Customer Reviews

The pages on this book are single sided and there are 30 pictures to color. The pages are not real thick and will bleed through. I purchased these books not to color myself, but to take to the chemotherapy room at the hospital I work for. I find coloring very therapeutic and thought what a better way to pass the time during the long treatment times and get a little encouragement too. I think this is a fabulous book that has so many different sayings that are upbeat. I bought 4 of them and am so excited to give them away and hope that it will bring some joy to the patient and families during such a hard time.

This book is not just for cancer fighters... many of the pages' images and inspirational sayings are applicable to anyone dealing with any difficult situation. I found this book to be highly inspirational to myself, as I struggle with several chronic, incurable diseases, and some days, even coloring is far more than I can handle. But this book, and one page in particular, really touched my heart! (my partially colored pic is attached, along with my tattoo of the same sentiment)I really love Ms. Clark's artistic style, and the images in this book range from easy to intricate, and are suitable for all ages. I strongly recommend this book for anyone going through ANY struggle, and especially as a gift for a loved one who may be enduring cancer and treatments.No matter what, this too shall pass...

This is a very awesome and inspirational coloring book. I love all the pages. There are some things that are small to color but it's nothing that I can't handle. I just love the affirmations on each coloring page. As someone who has terminal Cancer, these are very important to me. It made me feel so much better just by looking at it and even better when I started coloring. I'm in love with this book and I most definitely recommend it to Cancer patients, survivors or their families and just everyone. Thank you Sarah Renae for your hard work and dedication on this coloring book.

This is a very inspirational book. I colored some of the pages then bought 10 more books to donate to my local cancer hospital. It's great encouragement and affirmations.

This is another great offering by the very talented Sarah Renae Clark. The theme of this book is positive affirmations about dealing with cancer. The pages are all single sided and have their own

border, making it easy for you to remove the pages from the book without damaging the pictures. The backgrounds of the pictures are all different styles, some abstract, some line-type drawings, some with pretty flowers - something to please everyone. The affirmations in the middle of the pages are all different sayings to help anyone going through cancer or someone who is coping with a loved one having cancer, to help have a positive attitude during this trying time. I know that as a color enthusiast who uses coloring to relieve stress and keep my hands busy to control food issues, I sure wish I had had this book when I was being treated for breast cancer, just months after losing my husband to cancer. Go to 's general review of this book to see the history behind Sarah's making of Coloring Through Cancer. Thank you Sarah! All of Sarah's work is very professional, unique and fun to color and her books always have her own original artwork. You will never find stock pictures in any her books! I would highly recommend all of her books, several others which also have very inspiring topics and themes.

i fell in love with this book sarah did an amazing job on this one. even if you dont have cancer its a great book. I advocate for childhood cancer and this book just touched my heart these little kids say every one of these pages.

What a try inspiring coloring book and lady the author is. A lot of the inspirational words can apply to just about any situation life can throw at you not just cancer so don't feel like you're bound by buying for someone with cancer it's for anyone and everyone with so much love put into page you can feel it as you turn the pages. Can't wait to see what is next from Sarah Renae Clark

I absolutely love this book. The quality of the drawings is very good., The affirmation, although aimed at people who are or have had, or care about someone that has battled cancer, are perfect reminders for everyone. I will probably be back to repurchase for a friend. Sarah Clark is a very talented artist. I would recommend this book to everyone!

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Garden Adult Colouring Book One Year Day Planner Europe: Adult Colouring Books in al; Adult Colour in Boo; Adult Colouring in al; Adult ... Adult Coloring Books Flowers and Birds in al Good Vibes Coloring Book for GrownUps: A Motivational and Inspirational Coloring Book for Adults and Free Spirits Filled with Positive Affirmations Creative Fancy Cats Coloring Book: Cats Adult Coloring Book for Mindfulness and Relaxation (Adult Coloring Book Animals, Creative Cats, Adult Coloring Book Cats) (Volume 1) When Danger Hits Home: Survivors of Domestic Violence (Survivors: Ordinary People, Extraordinary Circumstances) #Me #Coloring Book: #ME is Coloring Book No.5 in the Adult Coloring Book Series Celebrating Ideas to Live By (Coloring Books, Coloring Pencils) ... Series of Adult Coloring Books) (Volume 5) #Love #Coloring Book: #Love is Coloring Book #1 in the Adult Coloring Book Series Celebrating Love and Friendship (Coloring Books, Coloring Pencils) ... Series of Adult Coloring Books) (Volume 1) Magical Unicorns and Fairies: Adult Coloring Book: Unicorn Coloring Book, Fairy Coloring Book, Fantasy Coloring Book, Fairies Coloring Book, Adult Coloring Book Butterflies & Mandalas: An Adult Coloring Book With Affirmations (Transcendental Coloring Books) (Volume 1) Amazing Cities: A Coloring Book of Fantastic Places in the World! (Adult Coloring books, Adult coloring) (Adult Coloring Books of Amazing Cities) (Volume 1) Memes: Hilarious Adult XXX Memes And Pictures Book (Ultimate Funny Memes Book 41)(Adult Memes, Free Memes, Adult Pictures, Jokes For Adults, Funny Adult Jokes, Adult Joke Book, Sexy Meme) Encouragement Journal & Self Help Workbook: Inspirational Exercises, Motivational Quotes, Writing Prompts & Coloring Pages To Encourage Personal Growth (Inspirational Journals To Write In) (Volume 1) #Mandalas Coloring Book: #Mandalas is Coloring Book No.6 in the Adult Coloring Book # Series Celebrating Mandalas (Coloring Books, Stress Relief, ... Series of Adult Coloring Books) (Volume 6) #Food #Coloring Book: #FOOD is Coloring Book No.7 in the Adult Coloring Book Series Celebrating Foods, Snacks & Treats (Coloring Books, Foods, ... Series of Adult Coloring Books) (Volume 7) #Chalkboard #Coloring Book: #Chalkboard is Coloring Book #4 in the Adult Coloring Book Series Celebrating #Love and #Friendship (Coloring Books, ... Series of Adult Coloring Books) (Volume 4) #Women #Coloring Book: #Women is Coloring Book No.8 in the Adult Coloring Book Series Celebrating Women (Coloring Books, Women, Shopping, Gifts for ... Series of Adult Coloring Books) (Volume 8) Back to the 80s: 1980s Fads and Fashion Coloring Book: Adult Coloring Books Fashion, 80s Coloring Book, 1980s Coloring Book, Fashion Coloring Book ... Fashion Coloring Book for Adults) (Volume 1)